



## CONTINUING COMPETENCY PROGRAM

### Continuous Learning Activities Examples

<b>FORMAL LEARNING ACTIVITIES</b>	<b>INFORMAL LEARNING ACTIVITIES</b>	<b>SELF-STUDY ACTIVITIES</b>
<p><b>Academic</b> E.g., University programs/courses; post-basic diplomas/courses; Post – graduate certificates; Nursing Specialty Diploma/certificates</p> <p><b>Specialty Certifications</b> E.g., CNA Certification; Leadership, Wound Care, Risk Management, Diabetes Educator, Lactation Consultant, CASN Educator modules.</p> <p><b>Conferences/Teleconferences/Webinars</b> E.g., CNPS, CNA, Specialty Areas</p> <p><b>Employer Continuing Education</b> E.g., Initial employer mandatory certification, employer orientation program</p> <p><b>Professional Committees</b> E.g., CNA, CANNN, Specialty Areas</p>	<p><b>Research</b> E.g., Conducting research, participating in research study as a nurse</p> <p><b>Publishing</b> E.g., Article in peer reviewed journal, CANNN Newsletter</p> <p><b>Volunteering</b> E.g., Presentations to community groups (seniors centre, schools, daycare, etc.), organizing and participating in health promotion activities</p> <p><b>Preceptorship and/or Mentorship</b> E.g., Nursing Student, RN, or NP Colleague (new employee orientation), New Graduate Orientation</p> <p><b>Unit/Community Based Activities</b> E.g., Nursing rounds, new equipment In-Services, Clinical Skills/Education Days</p>	<p><b>Examples:</b> Reading professional journals or attending webinars on topics such as:</p> <ul style="list-style-type: none"> <li>• Best practices: e-therapeutics, new technologies, new patient treatments, medical interventions, patient safety, new models of client care, cultural competence</li> <li>• Changes in practice</li> <li>• Regulation impacting your practice.</li> <li>• Standards/guidelines related to your practice area</li> <li>• Researching a topic to enhance personal and professional performance (e.g.: stress, time management, communication, working with difficult people, professionalism, etc.)</li> </ul>

**Please note:** Employer required mandatory certifications can only be counted the first time you take them or if you are in a new practice area and require initial certification. Re-certification is required for employment and part of the expectation to keep current in your practice and cannot be used as learning activities in the CCP. All activities must be related to nursing and fall under the domains of nursing and/or standards of practice. This is not a complete list of all acceptable activities. If an activity is not listed, please contact the Director of Quality Practice [Renata.Kamieniecki@cannn.ca](mailto:Renata.Kamieniecki@cannn.ca) for consultation.