



# FOUNDATION FOCUS

CELEBRATING 60 YEARS  
1962 - 2022

## A Historic Year of Support

This year, Canadian Nurses Foundation is proud to have provided over \$400,000 in scholarships and bursaries to more than 100 nursing students and nurse researchers from across Canada. With a focus on helping to fill nursing shortages, CNF continues to expand the number of opportunities thanks to our generous donors.



Vidhika Lall, Adriana Polderman International Education Certification Award

### Meet some of our 2022 CNF Award Recipients



**Ricardo Verzosa,**  
CNF Diversity Award,  
New Brunswick  
Community College



**Natania Abebe,**  
CNF COVID-19  
Person of Colour  
Award, University  
of British Columbia



**Renee Gordon,**  
New Brunswick  
Nursing Award,  
University of New  
Brunswick



**Katie Ignace,**  
Erin Hogg Northern  
Award,  
Thompson Rivers  
University



**Eronmorse Louis  
Ikoghode,** CNF  
People of Colour  
Award, Lethbridge  
College/University  
of Lethbridge



# Now that's a Night Shift!

Neon lights, palm trees, special giveaways, incredible food and signature drinks combined with nurses, nursing students, faculty and guests dancing the night away made for one of the best Night Shift's ever!

Hosted at the National Arts Centre on November 17, Dr. Leigh Chapman, Canada's Chief Nursing Officer

and Dr. Sylvain Brousseau, President, Canadian Nurses Association, welcomed more than 400 guests who came together to have fun and raise funds for Canadian Nurses Foundation scholarships and bursaries program at our Miami-inspired party.

## THANK YOU TO OUR NIGHT SHIFT SPONSORS

### Platinum



### Nurse Appreciation



### Gold



### Silver



### Media



### Production Partners





# Scholarship, Bursary and Certification Program Successes for 2022

At the Canadian Nurses Foundation our core mission is to provide scholarships, bursaries and certification awards to nursing students and nurse researchers across Canada at the baccalaureate, masters and Pd.D. levels. CNF's Awards vary in amount from \$750 to \$20,000 thanks to our donors who invest in them.

We are thrilled to announce a record-breaking year of support with **more than \$420,000 in scholarships, bursaries and certification awards were provided to more than 110 recipients across Canada.** Our donors make all these educational opportunities possible. Thank you from all of us.



## CNF is Expanding Its Reach to Include Bursaries

While Scholarships have been the primary focus of CNF, and are typically based on merit, we recognize there are many reasons nursing students struggle to succeed in school, one the most prevalent being financial challenges. To address this, in 2022 CNF and CeraVe partnered to establish the **CeraVe Skincare Scholarships for Diversity and Equity Program**. This new program awarded 12 bursaries to nursing students to help with financial assistance ultimately encouraging retention and continuance as a nursing student.



## TYLENOL® Fund to Advance Diversity in Nursing and Health Equity Research for Black, Indigenous or People of Colour

Tamasha's story is one of hope, passion and perseverance. At just 6-years old, Tamasha's family escaped the violence of war-torn Democratic Republic of the Congo and found sanctuary in a refugee camp in Malawi. Tamasha grew up in the camp and became interested in healthcare/nursing when she started volunteering with health authorities at 16. Tamasha earned a scholarship to come to Canada in 2018 from the World University Services Canada (WUSC) who provides scholarships to young refugees in camps around the world. It also provided her with permanent resident status in Canada.

Since then, Tamasha has become a full-time student who also works full time to support herself and her family in Malawi. She is the President of the Student Nursing Undergraduate Society at UBC. She sees herself working in rural health in the future where inequities in health care are so deeply felt. Thanks to TYLNEOL'S innovative new scholarship support, Tamasha will receive committed funding to help with her education for two years, not just one.



# GIVING TUESDAY

**Giving Tuesday November 29, 2022**

This year your donation to the Canadian Nurses Foundation will be matched dollar for dollar up to \$25,000 in support of 'The Working Mind Healthcare'.

The 'Working Mind Healthcare' is a partnership between the *Canadian Nurses Foundation* and *Mental Health Commission of Canada* to provide mental health training to nurses and nurse leaders across Canada and has been accredited by Canadian Nurses Association for continuing education credit.

The program has been developed to initiate a shift in the way nurses and nursing leaders think, act, and feel about mental health in the workplace. It is specifically designed for employees and managers in the healthcare sector and long-term care setting. TWN Healthcare introduces participants to the concepts of mental health and stigma, and it discusses impacts of stigma on individuals living with mental health problems. It also will help participants recognize and keep track of changes in



Donations will be matched until December 15, 2022.

**GIVING TUESDAY** Nov 29

Now more than ever, we are called upon to make a difference.

#GivingTuesdayCA

their mental health and well-being and know when to take appropriate actions and have conversations about mental health with colleagues and friends.

**Every dollar you donate will be doubled and provide support for a nurse in Canada. Thank you for your support.**



Mental Health Commission of Canada

Commission de la santé mentale du Canada

The Working Mind

## HAPPY HOLIDAYS & SEASON'S GREETINGS

May you stay safe, healthy and thrive this holiday season and in the year to come. Thank you for your continued support! From the CNF Board and Staff!



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Invest in nurses. See the difference in health care. 4

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