

CONNECTIONS

RNANT/NU NEWSLETTER

SPRING 2019



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The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

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Shawna Tohm

Director of Professional Conduct Review:

Jan Inman

Registration Coordinator:

Emily Richardson

Executive Assistant:

Kyla Ricks

Table of Contents

Presidents Report...3

Executive Directors Message... 5

Annual General Meeting.... 8

Infant Feeding Teaching Article..... 9

Call for Nominations & Resolutions14

New on the website 15

Congratulations Doctor Claire Betker....16

ICN & CNA 2023 Congress18

2020 Year of the Nurse & Midwife.... 19

Meet Jenifer Bujold....22

CADTH.....24

What's New at CNA.....28

Continuing your Education...29

The Registered Nurses Association of the Northwest Territories and Nunavut (RNANT/NU) is both a regulatory body and a professional association. Our mission is to promote and ensure competent nursing for the people of the Northwest Territories and Nunavut.

CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

President's Report

Greetings Members,

First, I would like to say congratulations to all our CNA Certified Nurses in the Northwest Territories and Nunavut. To date in the NT/NU and Yukon there are over 88 Certified RNs. <https://cna-aiic.ca/-/media/cna/page-content/pdf-fr/certification-statistics-2018-by-specialty-area-and-province-territory-fr.pdf> March 19, 2019 was National Certification Day and I encourage you to recognize those colleagues who have received their certification in one of the 22 Nursing Specialties. This fall pediatrics and gerontological nursing will be added to the certification list. Have you considered certification?

National Nursing week is from May 6 – 12 this year and as President , I am excited to be celebrating this week in both the NT and NU. If you have any exciting Nursing Week activities planned I encourage you to take pictures and submit the events, to execast@rnantnu.ca and we will showcase the events on our website and next newsletter.

Over the last few months the work of the Canadian Nurses Association (CNA) Board of Directors, has focused on strategic planning and implementing the “Nursing Family” into CNA. As well, the CNA Board has been busy planning the Meeting of Members in Vancouver May 2019. This will also allow the Board to participate in the joint International Council of Nurses (ICN) and CNA Think Tank, focusing on use of power and influence in nursing.

RNANT/NU has been very busy over the last few months with planning the upcoming Annual General Meeting, to be held in Iqaluit, Nunavut on May 11, 2019 from 1:00 – 4:00 p.m. There will also be an Education Day held on Friday May 10, 2019 with three sessions available to attend. I am looking forward to seeing you there! If you are not able to attend in person, you will be able to call in during the AGM.



Continued.....

CONNECTIONS

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Spring 2019

The RNANT/NU Board of Directors has been working on some exciting projects in the last few months. We have been working with the Government of the Northwest Territories and Government of Nunavut in moving our association towards an inclusive nursing family including the Licensed Practical Nurses (LPN) and the Registered Psychiatric Nurses (RPN). This will involve opening the Nursing Professions Act and there are many steps to be accomplished before this will be completed. Our Board of Directors are very excited to be moving towards a collaborative nursing family in the NT and NU.

I am also pleased to announce that our Executive Director, Denise Bowen has extended her contract for 2 years. The Board of Directors would like to thank her and the staff at RNANT/NU for their tireless work for the Association. Without the work they do, our Association and members would not have the leadership that promotes public safety and ensures quality nursing in the North.

Rommel Silverio



President, RNANT/NU



CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

Executive Director's Report

Our AGM is in Iqaluit this year on May 11th, and we are looking forward to being there. Prior to the AGM, we are hosting an Education Day on May 10th and the Canadian Nurses Protective Society (CNPS) will be there to lead interactive and interesting sessions using case studies relevant to nursing in the north. I am hoping that some of you can attend the Education Day and AGM in person. If not, there is the opportunity to call-in to the AGM to take part, or if you are interested, be a voting delegate.

I was asked a question recently on how does one get to be a voting delegate? The Nursing Profession Act (2003) in Section 11 (1) (g) gives the Association the ability to make bylaws respecting general and special meetings "including the designation of voting delegates and the process for voting." Bylaw 13 describes the procedure and process for voting delegates, who must be active members in the Association. Policy B9 provides more detail including that - voting delegates are recruited regionally by their corresponding Board Member or alternate.

If you are interested in becoming a voting delegate to the 2019 AGM and live in:

- NT North: you would approach Fraser Lennie, NT North Regional Member or Ron Melanson, NT Vice President;
- NT South: you would approach Marshi Mauricio-Earle, NT South Regional Member or Ron Melanson, NT Vice President;
- NU West: you would approach Monique Skinner, NU West Regional Member or Aboubacar Kadogo, NU Vice President;
- NU East: you would approach Aboubacar Kadogo, NU Vice President;
- Yellowknife Regional: you would approach Ron Melanson, NT Vice President or any member of the Board of Directors maintaining a Yellowknife residency (Rommel Silverio, President; Melissa Holzer, Secretary; Kathryn Tan, Treasurer).

The deadline for finalizing the voting delegates list is March 29, 2019.



CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

While refreshing my memory of the voting delegate process, I was reminded that nursing is the only self-regulated health profession in the NT and NU. We are self-regulating under the authority of territorial legislation, and this allows us the privilege to establish professionally relevant values (Code of Ethics), set Standards (Standards of Practice for Registered Nurses and Nurse Practitioners), define our scope of practice (Scope of Practice for Registered Nurses and Nurse Practitioners), define our competencies (Entry-Level Competencies for Registered Nurses; Entry-Level Competencies for Nurse Practitioners), approve education programs, set the qualifications for admitting nurses to the register, and to set continuing competence guidelines. All of these documents and guidelines were developed and reviewed by nursing colleagues, like you. Having a dual mandate as a regulator and an association also gives us the privilege of exerting a nursing perspective locally, nationally and internationally. As examples, RNANTNU has representation on the legislative working group looking at admitting RPNs and LPNs to the register; the Canadian Nurses Association advocates on our behalf on Parliament Hill for changes to the health care system that recognize and honour the principles of primary health care; and the World Health Organization announcing 2020 to be the year of the nurse and midwife. Check out this heart-warming video about nursing <https://youtu.be/WzQ2HVrrGQk>

And as you sit in your office or team room, you may not be actively thinking about professional self-regulation and its immediate application to your work, but certainly I think about it frequently. We wouldn't be able to continue with self-regulation and advocacy if weren't for our professional and public volunteers. I want to thank the following:

- RN Practice Committee who wrote the newly revised scope of practice document, reviewed the entry level competencies and the revised standards document.
- The NP Practice Committee who reviewed the scope of practice and the standards, and who developed the NP case scenarios for the scope document and the NP FAQ section on the website.
- The Registration Committee who are currently reviewing our CCP program and our nursing assessment of hours guidelines.
- The Education Advisory Committee who recently completed the work for the education approval of Aurora College (2017) and Nunavut Arctic College (2018).
- The Professional Conduct Review Committee who seriously approach the responsibilities that they are given.
- The Board of Directors who guidance and mindfulness provide direction for the Association.

Correction: It has come to our attention that in the Winter edition of the Connections newsletter, two pages of Gloria Bott's article submission were not included. We have corrected this in the online edition, and apologize for the error.

To read the full article click [here](#)

We need volunteers and in particular, volunteers from Nunavut.

Being self-regulating and an advocate for the profession is a privilege and meaningful for us as nurses. So, in the end, take a moment to consider how the regulators and associations contribute to nursing, and consider volunteering.

Denise Bowen, RN

CONNECTIONS

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Spring 2019

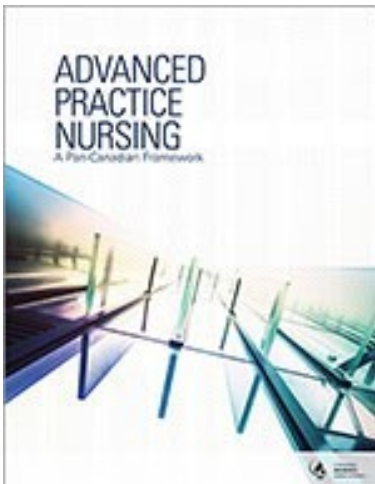
Meet our new Registration Coordinator: Emily Richardson

I am originally from Nova Scotia, but soon after I finished University I found myself on my way to Ontario. I spent 8 years in Ontario but being from a small town it never really felt like home, so I packed up again and made my way further North. I have been in the North for a short 4 months but am loving every minute of it. I am very excited to be a part of the RNANT/NU team and look forward to providing support as the Registration Coordinator.

If you need to contact me, my contact information is:

Phone: 867-873-2745 ext. 21.

Email: info@rnantnu.ca



NEW from CNA Advanced Practice Nursing: A Pan-Canadian Framework

This document promotes a common understanding among nurses, other health-care providers, employers, policy-makers and the public of advanced practice nursing in Canada and its contribution to health systems and the health of Canadians. - See more at: <https://www.cna-aiic.ca/en/nursing-practice/the-practice-of-nursing/advanced-nursing-practice#sthash.UuWeGPJi.dpuf>

Registered Nurses Association of the Northwest Territories and Nunavut

ANNUAL GENERAL MEETING

MAY 11, 2019

1:00 PM – 4:00 PM

The AGM is open to all RNANT/NU members

Member's Dinner

6:30 PM– 9:00 PM

Koojesse North Room, Frobisher Inn, Iqaluit, NU

Tickets can be purchased [here](#)

If you are in Iqaluit– Jennifer Pearce, President-Elect has tickets for purchase.

Early bird– May 1st, 2019 \$20.00

Tickets after May 1st, 2019- \$25.00

Deadline: May 3, 2019

For more information contact Kyla Ricks by email at execast@rnantnu.ca or by phone at 867-873-2745 ext 24

Infant Feeding Teachings From Indigenous Grandmothers:

Generating Knowledge through sharing circles

Pertice Moffitt, Sabrina-Ayesha Lakhani, and Sheila Cruz

Traditional practices of mothering are important to the identities of Indigenous women, families, and their communities. Infant feeding is central to mothering. Traditional knowledge shared by Indigenous Elders is deeply respected in Canada's north and is alive in stories shared by grandmothers and great-grandmothers. Unfortunately, women's acquisition of breastfeeding knowledge and cultural practices were interrupted by the impact of colonization, patriarchy, residential schooling, and the subsequent loss of knowledge transmission between Elders and youth. The grandmothers wish to restore historical aspects of mothering and share their knowledge and mothering expertise with future generations. The purpose of this chapter is to introduce and recognize traditional knowledge gathered through sharing circles and interviews with grandmothers and great-grandmothers who share their own infant feeding practices and those of their ancestors and their children.

Key Terms: Breastfeeding, infant feeding, Indigenous mothers, Health

INTRODUCTION:

The Northwest Territories (NWT), Canada is home to a diverse ethnic population of mothers, including Indigenous (Dene, Métis, Inuvialuit) and non-Indigenous. This study comprises of three data collection methods: sharing circles with grandmothers, individual interviews with mothers of infants from birth to one year of age, and a retrospective chart audit of the 2016 cohort of NWT births. The stories and knowledge about infant feeding in this chapter are from mothers and grandmothers, who participated in Elder sharing circles conducted in four regions in the NWT from October to December, 2017. Their stories convey powerful messaging and wisdom related to the resiliency and resourcefulness of mothers, the need to survive hardships, and the desire to rekindle past practices. Preliminary findings from this work challenge the contemporary approach and perceptions of infant feeding practices to combine past and current understandings and values to better support mothers in breastfeeding.

BACKGROUND AND METHOD: TRADITIONAL KNOWLEDGE AND INFANT FEEDING

Today, breastfeeding is heralded as the "best" in many campaigns or as "saving lives" as described by Watson and Mason (2014) in the critique they wrote called "the power of the first hour" (p. 573). In their review, they describe the movement around colostrum in the first hour of an infant's life as the answer to addressing infant mortality. These authors question the crisis, urgency and risk tone to messaging that suggests that global issues can be solved through these gendered universal and individualized actions. It would seem that this further disempowers mothers and their agency around feeding their babies. Thus, we are careful that we are honouring women's choice of how they feed their babies and that we are cognizant of the literature that suggests that physical contact, interactions between mother and baby, and close relationship are interconnected and play an important role in mothering and infant feeding (Kramer et al., 2008). In addition, we acknowledge that determinants of breastfeeding are contextual and complex (Moffitt, 2012; Moffitt & Dickinson, 2016)

Continued..

Storytelling and oral tradition are entrenched in the lifeways of Indigenous northern peoples and are the format for talking and sharing about the past (Cruikshank, 1991). In this study, grandmothers, engaging in sharing circles with other local grandmothers, told stories about feeding and caring for their babies. The sharing circles were facilitated with semi-structured questions but heralded many impromptu stories. Traditional knowledge has been described as: unifying theory and practice and cannot be separated from a way of being and a way of doing...it [traditional knowledge] seeks to make sense of diverse variables purposely integrates subjective ways of knowing such as spirit, values and compassion...is fluid and generative, integrating the weave of pattern and variation into new ways of knowing (Arctic Institute of North America, 2014, p. 1).

There is not a great deal written about past infant feeding practices but there are some accounts in the anthropological literature (Hara, 1980; Helm, 1961, 1981; Petitot & Savoie, 1971; Ryan & Johnson, 1994). According to Hara (1980) in research conducted with “Hare Indians” of Fort Good Hope, babies were fed by mothers as soon as “the milk began to flow” (p. 267); and if they had plenty of milk, they would help with feeding other women’s babies. She also reported that a granny raising a baby fed the infant bacon, guts, and animal brains, and stated that the baby grew up strong “had hardly any milk but is a tough good hunter.” (p. 267) Hara cites Ross (1866) as recording that infants were not fed for “four days after birth...to render them capable of enduring starvation in the afterlife, an accomplishment which they are very likely to stand often in need of.” (p. 267) At that time, if a mother chose to bottle feed, she made formula with canned milk, water, and sugar. Mothers, along with primarily being responsible for feeding their infants, undertook activities like visiting the trap line and collecting spruce brush. The community or family members’ formula fed the babies at times of the mothers’ absences for these activities.

FINDINGS

Three key themes were identified through the Elder sharing circles that will be presented in this brief report of infant feeding. The themes to be addressed are resiliency and resourcefulness of mothers, surviving hardships and rekindling past practices

Resiliency and Resourcefulness of Mothers

The climate, geography, and ecology played a strong role in shaping the feeding and mothering practices of Indigenous mothers. Women fed their babies by whatever means they could to keep them alive and healthy. This is an aspect of their mothering that we heard from all of the grandmothers. One woman described her experience like this “...they [new mothers] tried anything, any kind of broth. They tried to make milk, because you know there wasn’t milk there to buy.¹” Sometimes, they would use fish broth, caribou broth, or boil rice and use the broth. One Elder described that she could not breastfeed because “her milk never came in.”

Continued...

Some grandmothers described the role of Elders in advising pregnant women. By noticing an imminent pregnancy, offering advice, and sharing knowledge, Elders identified their support and encouragement. One Elder said: first of all, I think when you are pregnant the Elders always talk to you and that was the way I was. I used to visit somebody across the river in [place] and then an Elder in [place] she said when are you going to have your baby? and I told her and she said when you have your baby you have to drink water and broth and soup, that nice broth eh, and that way so when the baby starts to take the breast its full eh your breasts are full so the baby has it easy to get on it.

The majority of women offered the baby the breast soon after birth even if they did not continue to breastfeed. Some women who had the support of Elders breastfed all of their children, while others shared that “they tried” sometimes as long as 3 to 4 months, but they had painful breasts and switched to the bottle stating that they had “suffered enough.”

Grandmothers described times in their pasts when they were in the bush and everyone in the camp pulled together to help mothers deliver their babies. One Elder told of a time when she was 16 and her sister-in-law went into premature labour and had twins. They collected all of the hot water bottles they could to keep the babies warm and she stated, “my father in law was scrounging around for eyedroppers. That’s what we fed them with every hour “.

Surviving Hardships

Indigenous women shared stories in the past of weathering many hardships, in terms of mothering. Events of illness, such as tuberculosis and effects of colonization, whereby transmission of parenting knowledge from their families was lost, altered, and disrupted a continuity of past practices. Some new mothers felt isolated and on their own when they had difficulties with breastfeeding. They were reluctant to seek help because of their residential school experience. One grandmother shared:

You know those days I mean in the days of residential school. In those days, we never did talk about our body parts because I think we were too ashamed to say [anything about breastfeeding] to your kids. I never did hear it from my sisters or nobody in the family. They were so private.

Rekindling Past Practices

In the near past (the time of the grandmothers in this study), community women were supporting each other in birthing their babies. Several mothers spoke about another local woman being present at the birth of their baby and providing support. As well, knowledge around breastfeeding was translated by observing other women feeding babies. To this day, the Elders still hold strong beliefs that breastfeeding creates an exclusive and inimitable bond between mother and child. Many of them share the perception that today’s world is very different from the one they grew up in. This gives rise to their strong desire to help future generations understand and bridge the connections between traditional practices and current ones.

Continued...

CONCLUSION:

Elders hold an important place in northern communities. The Elder sharing circles created an opportunity for grandmothers to come together to share their stories and reflect on their lives and influences on feeding their babies. The story telling was positively received and fostered strength and a sense of empowerment from each other's recollections through laughter, good will, and fellowship. Three themes, resilience and resourcefulness of mothers, surviving hardships, and rekindling past practices of infant feeding, were briefly highlighted in the chapter. The mothering experiences of Indigenous women are salient to mothers today. Community grandmothers are well positioned to be role models in supporting women in feeding their babies and addressing current mothering issues that occur in their communities. They wish to reclaim their roles and share their wisdom, support, and advice to new mothers. Considering these traditional infant feeding practices and experiences of Elders, this chapter seeks to broaden the understanding of nursing students of the cultural and contextual factors that influence client decision-making. The process is a mechanism to bolster engagement and relationships between nurses, and new mothers and their families. Furthermore, it provokes thought on how services, programs, and healthcare providers can better incorporate Elders and their knowledge into maternal-child care. Thus, helping to promote and empower women with infant feeding and revive the lost aspects of mothering in Indigenous women.=

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[Infant Feeding Teachings from Indigenous Grandmothers: Generating Knowledge through Sharing Circles](#) by Pertice Moffitt, Sabrina-Ayesha Lakhani, and Sheila Cruz is licensed under a [Creative Commons Attribution 4.0 International License](#), except where otherwise noted.

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Call for Nominations

The RNANT/NU nomination committee is seeking nominations for the following positions:

NT Vice President

NU East Representative

Nominations forms available click [here](#) and send to:

Denise Bowen, Executive Director

Email: ed@rnanntnu.ca

Fax: 867-873-2336

Deadline for Nominations: Friday, March 29, 2019

Role descriptions can be found in Bylaw 9 [here](#). Nominations may be made by any member in good standing of RNANT/NU. All nominees must be an active member in good standing with the Association. If you have any questions please contact Denise Bowen, at (867) 873-2745 ext. 23 or by email at ed@rnanntnu.ca

Call for Resolutions for the

2019 RNANT/NU Annual General Meeting

The deadline for submission of resolutions is

Friday, May 10, 2019, 11:00am, MST

Resolution forms available [here](#)

If you have questions regarding the resolutions process, contact Denise Bowen at

(867) 873-2745 ext. 23 or by email at ed@rnanntnu.ca

CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

New on our Website!



Registration FAQ

<http://rnanntnu.ca/rn-information/registration-faq>

Here you will find the most common questions applicants ask during the registration process.

Nurse Practitioner FAQ

<http://rnanntnu.ca/np-information/fag>

Here you will find the most common questions for Nurse Practitioners about their Scope of Practice.

Renewal Information

<http://rnanntnu.ca/rn-information/renewal>

Annual General Meeting

Our AGM is fast approaching and now you can get the most up to date information, nomination forms, resolution forms as well as order your Members Dinner tickets. This year's AGM is in Iqaluit, NU.

<http://rnanntnu.ca/annual-general-meeting-2019-0>

Education Opportunities

Please visit our redesigned educational opportunities section. Here you will find Conferences, Education, and Webinars. If you know about an event, submit it to execast@rnanntnu.ca

<http://rnanntnu.ca/professional-practice/professional-development>

Employer Section

Coming soon! This section will have specific directions for employers who hire Registered Nurses in their organization. This will include detailed instructions on how to verify a nurses registration. It will also include links to relevant documents related to nursing practice.

Facebook

Have you visited our Facebook page? Follow us [here](#)

CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

Doctor Claire Betker: Scientific Director of the National Collaborating Centre for Determinants of Health

Effective March 4, 2019 Canadian Nurses Association President Claire Betker will assume the position of Scientific Director of the National Collaborating Centre for Determinants of Health (NCCDH) at St. Francis Xavier University in Antigonish, Nova Scotia.

“Claire brings a wealth of leadership expertise, rich networks and a passion to put knowledge into action—especially when it comes to increasing the public health sector’s capacity to help Canadian communities achieve their full health potential,” says Connie Clement, current NCCDH scientific director who will retire as Dr. Betker arrives.

A registered nurse, Dr. Betker is the current President of the Canadian Nurses Association. She is deeply familiar with the NCCDH, having working for the NCCDH previously as senior knowledge translation specialist and director of research - early child development. Dr. Betker will come to StFX from her current position as Acting Executive Director of Active Living, Population & Public Health Branch at MB Health, Seniors & Active Living. In that position, she oversees development of intersectoral policies, government standards and a wide range of public health programs and services.



To read the full article on Claire’s accomplishment click [here](#)

Nurses

your input & experiences are needed for the
Canadian Nurse Transition to Practice Study



Are you a Registered Nurse working in Canada who graduated in 2013 or later ?

**Consider taking part in an on-line survey to help us better understand your experience moving from a student into a practice setting. You can access the on-line survey here:
<https://bit.ly/2S7z7tu>**

For more information contact:
Linda McGillis Hall, RN, PhD, FCAHS, FCNEI, FAAN
Professor, University of Toronto
mcgillishallresearch.nursing@utoronto.ca





Congratulations Canadian Nurses Association!

The International Council of Nurses (ICN) is a nursing organization that is run and operated by nurses. This federation is made up of more than 130 National Nurses Associations. Every two years the ICN holds its semi-annual Congress. The location of the Congress is decided by the ICN Board of Directors. Each Association submits a bid to the Board of Directors who then decide which association will host that year's Congress.



The Congress will be held in the following countries:

- 2019 Singapore, Asia
- 2021 Abu, Dhabi
- 2023 Montreal, Canada

On December 21, 2018, there was a unanimous decision between the Board of Directors that the 2023 Congress will be held in Montreal, Canada, in cooperation with the Canadian Nurses Association (CNA).

“After a long year of work by our team, including our Quebec partners, we are thrilled with this decision,” said Claire Betker, President of CNA.



SAVE THE DATE! June 29- July 5, 2023.

For more information on the 2023 Congress click [here](#)

Congratulations



RNANT/NU Education Day 2018

2020 Year of the Nurse and Midwife

On January 31, 2019 in Geneva, Switzerland the International Council of Nurses (ICN) announced that 2020 will be recognized as the year of the Nurses and Midwives. This recommendation was made by Doctor Tedros Adhanom Ghebreyesus the Director- General of the World Health Organization (WHO).

“This exciting proposal of the Year of the Nurse and Midwife in 2020 will go a long way to raising the profile of nursing and highlighting the importance of the need for more well-educated nurses, of investing in recruitment and retention strategies and of removing the barriers to the development of advanced nursing roles that are proving highly effective at expanding healthcare coverage.”

-Annette Kennedy, President of ICN

Florence Nightingale was born on May 12th, 1820, known as the “Lady with the Lamp” from her time as a nurse in the Crimean War. She is also known for forming modern nursing, 2020 will mark the 200th birth anniversary for Nightingale.

For more information on the Year of the Nurse and Midwife click [here](#).



CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

A Message from our NT Vice- President

Dear RNANTNU members,

I would like to take this opportunity to share my experience sitting on the Board of Directors for RNANTNU. First of all, let me start off by sharing my interest to volunteer. The nursing profession is a challenging one. We always strive to better ourselves. It is with desire, motivation, and a passion that one becomes influential. Sitting on the board permitted me to truly understand the dynamics of our nursing association, the challenges, and demonstrated leadership. Our Nursing Association has the difficult task of guiding our nurses while ensuring the safety of the public. What I really enjoyed the most while on the board, was learning from one another about challenges others were experiencing. As a team, we all worked together, supporting one another, working on policy building, and being innovative for tomorrow's future.

The number of hours spent working with the board varies. We may have some urgent issues, requesting immediate attention, but most meeting, dates and times, is known well in advance. I would like to thank all members for your support. I would like to thank the board for your hard work and devotion to our nursing profession. I encourage all members interested, to put your names forward. It will be a great experience.



Ron Melanson

CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

Are you interested in participating in a Northern Focused Nursing Research Study on Critical Care?

This study conducted by Brandi Vanderspank-Wright, Assistant Professor at the School of Nursing, University of Ottawa, is now recruiting registered nurses working in one of the three Canadian Territories: Yukon, Northwest Territories and Nunavut. Registered nurses must have had experience caring for patients who are critically ill and/ or 'unstable'; requiring temporalizing measures (e.g. mechanical ventilation); and needing urgent transfer to other facilities. Registered nurses must also be English speaking.

Participation: You will be invited to partake in a telephone interview. You will be asked to reflect and describe your experiences of caring for critically ill patients and their families.

If you are interested in this study, please contact Brandi Vanderspank-Wright:
criticalcarenorthof60@gmail.com



uOttawa

Are you a Nurse Practitioner?

NPAC-AIIPC represents Nurse Practitioner's across Canada. This Canadian organization consists of over 1300 members, encompassing a number of nurse practitioner specialties. Nurse practitioners work collaboratively with other members of the healthcare team to not only provide individual patient care, but also to improve practice and community/population health, using evidence-informed, best practice and research to develop, implement and evaluate care. Our membership has representation from all regions of Canada and membership is growing all the time. A regular membership costs \$40.00. Join us today!

For more information on join NPAC click [here](#).



Nurse Practitioner
Association of Canada

Association des
infirmières et infirmiers
praticiens du Canada

CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

Nurse to Know

Meet Jenifer Bujold

Jenifer Bujold is a Community Health Nurse in Baker Lake, Nunavut. Jenifer's most recent project is working with health care professionals in Nunavut to change the hours of operations for the health care centre located in Baker Lake. It has been noticed that with the current hours the staff were worn out, waiting time were growing longer and the overall work load was becoming overwhelming. With the help and support of the public, this proposal has been approved and is currently in the beginning stages of changing the hours also known as pilot programming.

Jenifer is just one of the many nurses who make a difference in our communities.

Contact Kyla at Execast@rnanntnu.ca for information on how to submit a Nurse to Know nomination!



CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

Global Network for Rural and Remote Nurses

“A previously established network of the International Council of Nurses (ICN), the Rural and Remote Nurse Network (ICN RRNN) established in 2009 at the ICN Congress in Durban South Africa, was advised in 2016 that ICN would no longer be supporting the network. The Co-Chairs of ICN RRNN Debra Cerasa (Australia) and Barb Shellian (Canada) monitored the interest of maintaining some type of global network and looked at opportunities for potential collaboration and as a result CRANA plus – (The Council of Remote Area Nurses of Australia) has supported the vision to re-establish a global rural nursing network.

*The opportunity was taken to launch **CRANA GRIN (Global Rural and Isolated Nurses)** - a Global Network for Rural, Remote & Isolated Nurses with the simple purpose of:*

- *Linking together our passionate and eager rural, remote and isolated nurses from all countries across the world.*
- *Generating opportunities to connect, collaborate, share, educate and support each other by our united caring profession.*
- *Levering affordable, accessible, high quality nursing practice to address the health and wellbeing of individuals, families and communities in rural and remote areas;*

*The first step in this connection with rural nurses across the globe is the launch of social media platforms – **no charge to join or participate!** Our plan is to have nurses share best practice and information - and who knows where it will go from there!”*

-Barb Shellian RN MN



**CRANA
GRIN**

global rural nurses connecting

CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

CADTH Support for Rural and Remote Health Care

We know that you are faced with unique challenges within your health care setting. We also know that you need evidence on various medical interventions and health technologies to contribute to your decision-making and that, sometimes, you have difficulty finding this information.

This is where CADTH comes in. We can provide you with access to the evidence-based information and implementation support you need. We have the evidence, analysis, advice, recommendations, and tools you're looking for and can work with you to suit your specific needs.

Who is CADTH?

CADTH is an independent, not-for-profit organization responsible for providing Canada's health care decision-makers with objective evidence to help make informed decisions about the optimal use of drugs, medical devices, diagnostics, and procedures in our health care system. CADTH receives funding from Canada's federal, provincial, and territorial governments, with the exception of Quebec.

CADTH produces a variety of reports and tools including:

- Health technology assessments (HTAs) on drugs and devices
- Drug formulary listing recommendations regarding the clinical and cost-effectiveness of drugs
- A Rapid Response Service – timely, tailored responses to your health technology questions
- Environmental scanning on the latest developments affecting health care advances that may be suitable for your setting
- Customized tools to support your needs

Typically, the larger reports (HTAs and drug formulary listing recommendations) address topics of pan-Canadian interest, while the Rapid Response reports, Environmental scans, and customized tools are produced in response to jurisdictional requests.

CADTH Evidence
Driven.

Continued...

We will meet with you to discover a mutual understanding of your unique context and the ways CADTH can support your evidence-informed decision-making. We will also:

- Facilitate your access to and submission of requests for CADTH’s research products and services, and ensure that they are responsive and relevant to your needs.
- Help you use the evidence in your setting by developing various context-specific knowledge mobilization strategies and customized tools (e.g., presentations, workshops, online resources, decision aids, and other clinical education material).
- Link you with key health care stakeholders in your jurisdiction and beyond to support knowledge sharing.
- Broker relevant material from external organizations to assist with accessing existing research to address local needs.
- Follow up with you to obtain feedback on your experience using CADTH’s products and services and assess your anticipated future needs.

Our information is yours at no cost. Here’s how to get it:

- Start with our [Evidence Bundle on Rural and Remote Health](#);
- Find other evidence reports [here](#); or
- Initiate a custom search [here](#).

Become a CADTH subscriber and receive our northern newsletter – “New at CADTH” once per month or notification as soon as CADTH releases a new report on a topic of interest. Find out more at www.cadth.ca/subscribe

How you can connect with CADTH?



Dawn Cervo
Liaison Officer,
Northwest Territories
and Yukon
[867-334-1602 \(Whitehorse\)](tel:867-334-1602)
DawnC@cadth.ca



Sean Secord
Program Advisor,
Territories
613-226-2553 ext. 1315
(Whitehorse)
SeanSe@cadth.ca

Your Liaison Officer is your first point of contact for support from CADTH.

Your Program Officer coordinates with the Ministries/Departments of Health across the north to support them in their strategic priorities by implementing evidence, providing policy support, helping create decision-making frameworks, coordinating a pan-territorial approach for various issues and so on.

You can also connect with both of us at Territories@cadth.ca

Find a Nurse?

Find a Nurse is a on-line register that provides information for the public, employers and RNANT/NU members about the registration status of nurses in the Northwest Territories and Nunavut. When you visit our website at www.rnantnu.ca you will see in the top right corner a button titled *Find a Nurse*. Click on this button, this will take you to the registration verification.

What is a registration verification tool?

The registration verification tool provides the names and registration numbers of members who currently hold Active-Practicing Memberships and are entitled to practice (RNs, NPs, courtesy licenses and temporary certificate holders). The expiry date of their registration and status with RNANT/NU is displayed in find a nurse. If a nurse is not currently registered with RNANT/NU, they will not be listed in the search results. If your name is not displaying on the Find a Nurse tool please contact the office.

What kind of information is displayed about the member?

First and last name, registration status and registration number.

As a member can I find my registration number and status?

Yes, just type in your name and if you are currently registered you will see your registration number and status, if you are not listed please contact the office.

As an employer can I verify a nurse is licensed?

Yes, any employer or member of the public can check on the registration status of our members. Enter the employees name and click apply. The next screen will be the employee's information. If they are not listed, they are not registered. If it says contact office under status, please call our office at 867-873-2745.



NTHSSA • ASTNO

Northwest Territories Health and Social Services Authority
Sahtu Region | Région du Sahtu



New Norman Wells Health and Social Services/Long Term Care Facility

NTHSSA– Sahtu Region has now opened the new Sahtú Got'iné Regional Health and Social Services Centre and is fully operational.

Administration is located in the upper level of the Regional Health and Social Services Centre.

The Sahtú Dene Nechá Kó Long Term Care Facility has also operational and has the capacity to accept 10 long term care residents.

We welcomed our long term care residents on August 22, 2018.



CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

What's new at the Canadian Nurses Association?

Palliative Care

The Honorable Ginette Pettipas Taylor, Minister of Health, tabled the Framework on Palliative Care in Canada. The Framework can be found [here](#). Health Canada will also establish the Office of Palliative Care to provide high level coordination of palliative care activities going forward. Health Canada is working with National Indigenous Organizations to explore the development of Indigenous-led engagement processes toward the development of a distinctions-based palliative care framework for Indigenous Peoples.

Position Statements

The revised position statement for Evidence-informed Decision-making and Nursing Practice has been published on the CNA website [here](#). The revised position statement for Social Determinants of Health has also been published on CNA's website [here](#).

Launch of 2 New Nursing Specialty Practice Certification Exams

CNA will be launching 2 new nursing specialty practice certification exams – Pediatrics for RNs and Gerontological for LPNs and RPNs as of November 1, 2019. The nurses can apply for these exams during the opening of window #2 which will be taking place from June 3 to September 12, 2019. For more information on the CNA certification program, please contact certification@cna-aiic.ca

Choosing Wisely Canada

CNA continues with the development of two additional nursing specialty lists. The first, in partnership with the Canadian Association of Critical Care Nurses, and the second in partnership with the Operating Room Nurses of Canada.

Canadian Nurse

CNA past president, Barb Shellian has agreed to take on the role of editor-in-chief for 2019. She will be working with an editorial advisory board to set the direction of Canadian Nurse in its new online format. The editorial team is seeking submissions. Nurses and nursing students have three new article categories to consider when thinking about writing for CNA. For details, please consult the guidelines, which are posted on the [Canadian Nurse](#) websites.

CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

Conferences

Canadian Vascular Access Association

April 24-26, 2019

Quebec City, QC

For more information click [here](#)

Canadian Association of HIV/AIDS Care Nurses

April 25-27, 2019

London, ON

For more information click [here](#)

Operating Room Nurses Association of Canada

April 26 – 30, 2019

Halifax, N.S

For more information click [here](#)

Canadian Gerontological Nursing Association

May 2-4, 2019

Calgary, AB

For more information click [here](#)

Canadian Association of Parish Nursing Ministry

May 23-26, 2019

London, ON

For more information click [here](#)

Canadian Council of Cardiovascular Nurses

May 24– 25th, 2019

Winnipeg, MB

For more information click [here](#)

National Emergency Nurses Association

May 24-26, 2019

Saint John, NB

For more information click [here](#)

Nurses Specialized in Wound, Ostomy & Continence

May 24-26, 2019

Gatineau, QC

For more information click [here](#)

Infection Prevention and Control Canada

May 26-29, 2019

Québec City, QC

For more information click [here](#)

Community Health Nurses of Canada

May 27-29, 2019

Saint John, MB

For more information click [here](#)

Canadian Orthopaedic Nurses Association

May 29-30, 2019

St. John, NB

For more information click [here](#)

Canadian Association for the History of Nursing

June 1-2, 2019

Vancouver, BC

For more information click [here](#)

Canadian Federation of Mental Health Nurses

October 9– 11, 2019

Winnipeg, MB

For more information click [here](#)

CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

Webinars

CNPS: Legal Risk Management for Nurses Practicing in Mental Health Environments Webinar

April 10, 2019

This webinar will present some of the legal risks faced by nurses who work with mental health clients. The presentation will include practical strategies nurses can employ to manage those risks. Issues to be highlighted include the common legal issues faced by all nurses no matter which type of nursing they practice.

To register click [here](#)

CNPS: Medical Cannabis: What every nurse needs to know

April 17, 2019

Do you have questions about access to medical cannabis under the new Cannabis Act and Cannabis Regulations? Attend this webinar to obtain an overview of the current state of the law in Canada and for an opportunity to ask your questions to a CNPS Legal Advisor.

For more information click [here](#)



CNPS: Documentation

May 15, 2019

Documenting patient encounters is both a legal and professional requirement to ensure safe patient care. Documentation can take a number of different forms depending upon your patient population and care setting. It can also serve a secondary purpose of supporting the care you provided for defence purposes To register click [here](#)

CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

National Associations

Canadian Vascular Access Association

Click [here](#) to go to their website.

Canadian Association of HIV/AIDS Care Nurses

Click [here](#) to go to their website

Operating Room Nurses Association of Canada

Click [here](#) to go to their website

Canadian Gerontological Nursing Association

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National Emergency Nurses Association

Click [here](#) to go to their website

Canadian Association of Hepatology Nurses

Click [here](#) to go to their website

Nurses Specialized in Wound, Ostomy & Continence

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Community Health Nurses of Canada

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Canadian Orthopaedic Nurses Association

Click [here](#) to go to their website

Canadian Association for the History of Nursing

Click [here](#) to go to their website

Canadian Federation of Mental Health Nurses

Click [here](#) to go to their website



National Nurses Week will take place from May 6th – May 12th, 2019. 2019's theme is Nurses: A Voice to Lead– Health for All. For more information from CNA On National Nurses Week or ideas on how to celebrate click [here](#)!

Do you have an event for Nurses Week you want to advertise?

Contact Kyla by email at Execast@rnanntnu.ca or by phone at (867) 873-2745 ext. 24.

CONNECTIONS

The Registered Nurses Association of the Northwest Territories and Nunavut

Spring 2019

Education

The Dorothy Wylie Health Leaders Institute

Consists of a 4 day residential, inter-professional leadership institute with a structured virtual follow up that spans several months and includes a capstone project.

This program will run from May 21-24, 2019 in Toronto, Ontario.

For more information please go to the following [link](#).

For the 2019 Health Leaders Institute Brochure click [here](#)

UBC: Fundamentals of Fetal Health Surveillance

Self-Learning Online Manual

For more information visit the UBC site [here](#)

Indigenous Public Health Training Institute

Explore Canada's only Indigenous Public Health professional development opportunities at UBC's Faculty of Medicine.

For more information on Indigenous Public Health Institute Courses and Program Delivery format go [here](#)

The Michener Institute of Education at UHN

For nearly sixty years, The Michener Institute of Education at UHN has remained Canada's only post-secondary institution devoted exclusively to health sciences education. With an emphasis on interprofessional collaboration, leadership, and simulation-based learning, our Continuing Education courses and programs help busy health care professionals maintain their skills, enhance or advance their practice, reach their professional development goals, and contribute to the health care needs across Canada and beyond.

The Continuing Education brochure is available [here](#)

Contact us:

Location: 4921, 49th Street, 3rd floor

P.O Box 2757

Yellowknife, NT X1A 2N9

Office Hours: 8:30AM-4:30PM

Monday– Friday

Phone Number: 867-873-2745

Email: info@rnantnu.ca



Cannabis Critical Thinking Pathway for Nursing Practice

What does the federal cannabis legalization mean for nurses?

As of October 17, 2018, the federal *Cannabis Act* and *Cannabis Regulations* are in effect and are the governing law in Canada regarding recreational and medical cannabis.

The existing *Access to Cannabis for Medical Purposes Regulations* will no longer be in force.

Federal legislation

Besides the permissions, limitations and restrictions set out in the *Cannabis Act* and *Cannabis Regulations*, what else do nurses need to be mindful of?

It is important to remember that a multilevel framework governs nursing practice.

Provincial or territorial legislation

Nurses who are considering participating in any activity related to recreational or medical cannabis should be familiar with the governing federal legislation and any applicable provincial or territorial legislation to determine what is permitted versus what is prohibited, limited or restricted.

Provincial or territorial nursing regulatory body regulations

A nurse's regulatory body and employer could further restrict a nurse's activities related to medical cannabis.

Employer position (e.g., policies/procedures/guidelines)

Finally, nurses should be guided by their individual sphere of competence and expertise. Nurses should be satisfied that they have the required skills, knowledge and judgment to participate in any activities related to medical cannabis.

Individual competencies

